

**IMPORTANT! READ CAREFULLY AND KEEP
FOR FUTURE REFERENCE**



**SOFT STRUCTURED
BABY CARRIER**

KIBI®

INTRODUCTION

Dear parents,

you've purchased the KiBi ergonomic baby carrier, hand-sewn in the Czech Republic from as many Czech materials as possible. Some of our collections feature a topmost layer of fabric made outside the CR and the EU, such as the design collection which uses American prints (for more details, check the description of the baby carrier/collection on the manufacturer's website).

The baby carrier was designed to facilitate a healthy seating position of babies and toddlers and to grow with them, serving them perfectly whether they're small or all grown up.

Please read these instructions carefully before first use. We hope that they will help you make the most of your baby carrier. We wish you many wonderful experiences with your child!

KIBI IS ADJUSTABLE TO THE SIZE OF THE PERSON USING THE CARRIER

The hip belt can be tightened around your waist with the buckle to ensure it sits snugly. If there is any excess length left, you can roll it up and clasp with the rubber band sewn in for this purpose.

Depending on your height, you will probably need to adjust the length of the shoulder straps to ensure that the padding is on your shoulders and the carrier is comfortable to wear. To shorten the shoulder straps, use the buckle at the beginning of the padded section. To improve the child's comfort, the black strap is covered with fabric; all you need to do is to pull it out as needed, tighten with the buckle and return it to the pocket in the backrest panel. You only need to set the length of the shoulder straps once before first use; after that, it only has to be adjusted if the carrier will be worn by another person of a physical structure.

THE ERGONOMICS OF CARRYING CHILDREN

A baby is born with a rounded back, and the muscles along the spine are not fully developed yet. To wear the baby as gently as possible, you need to place them in the carrier curled up with their knees bent and always higher than their bottom. The baby's back will be slightly rounded and supported along its whole length by the fabric backrest of the carrier. Therefore, it is necessary that the fabric supports the whole length of their thighs and is always wide enough under the bottom. The baby's legs should not be hanging down. Such a position leads to the baby arching their back backwards, which is not only uncomfortable but also unhealthy for the baby's spine and hips.

The carrier should also be high enough to provide support for the baby's back above the shoulders as well. Babies can be carried with their hands out of the carrier only when they can sit alone without support.

The baby can rest their head on your chest, and until they are able to hold it up themselves it is protected against sudden backward movement by the upper rim of the backrest. When the child is older you can use an additional fabric flap for further head support.

KiBi is designed to grow with your child, giving them support at every age.

SETTING THE WIDTH OF THE BACKREST

The baby is comfortable when the backrest supports the whole length of their thighs. With the smallest babies you should adjust the width to the narrowest position. Undo the studs on both sides of the black belt around the waist and move them to the center as far as possible. Then only do up the studs on the edge of the backrest and push out the excess fabric to the outside of the carrier so that it does not cause discomfort to the baby. Fasten the excess fabric with the cord located in the middle of the carrier.



SETTING THE HEIGHT OF THE BACKREST

The upper part of the backrest is loosely threaded on the shoulder straps so that the fabric can be pulled up or down according to your need. Inside the internal pouches for both straps you will find snap-hooks, which make it possible to attach the top of the backrest, at the desired height, to the narrow strip sewed onto the shoulder straps. Babies who are not able to sit by themselves should always have the backrest



above the level of their shoulders with their arms tucked inside. Once they learn to sit on their own the fabric only needs to reach as far as their shoulder blades, and their arms can be left free. When you carry a baby in front of your body, the top of the backrest can also be used as head support. When the baby falls asleep, you can pull the fabric high over the head. For the duration of the sleep you can secure the backrest in the desired position with the snap-hooks, but it is usually not necessary when carrying your child in front of you.

It is also important to tighten the webbing straps on the sides of the backrest before you start wearing it. As baby grows (or you layer clothes in the cold season), you can loosen them as needed to give baby enough space for legs.



CORRECT POSITION

To verify that the baby is in the right position in the carrier, check that her bottom pushes the waist belt towards your belly/back without bending the waist belt. The child should be sitting in a „pocket“ formed by the backrest.



The fabric of the backrest should stretch from one knee to another and the knees should be above the baby's bottom. In the world of ergonomic babywearing, this is called the “M position”.



Before fastening the buckle, first run the entire strap with the buckle **under** the safety rubber band. Only then fasten the buckle – you should hear a distinctive click.

The buckles on a KiBi baby carrier have a special lock which you activate by sliding the button on top to the „lock“ position.

Then pull out the loose part of the strap and place it over the safety rubber band. This will improve safety if the buckle unexpectedly snaps open. You can roll up the remaining length of the strap and secure with a rubber band sewn in at the end.

SAFETY PADS

Like the waist belt, the shoulder straps are also equipped with a pad with safety elastics.

We recommend using them for added safety in the event of a sudden buckle release.





It is very important that the waist belt buckle is securely locked so that it cannot come undone while wearing your baby. Never unlock your waist belt while the baby is still in the carrier! When you want to finish wearing your baby, first remove the baby from the carrier and only after that take off the carrier itself.

Always watch your baby when using a soft carrier!

Using the carrier is very simple but if you are not sure during your first few attempts, check yourself in the mirror or ask another adult to help you.

When first moving the child to the back, we recommend trying it over a soft surface (for example the bed) or asking another adult for help. Initially, putting your child on your back might appear difficult and parents may feel intimidated. Don't worry. After several attempts it will become routine.

Minimize the risk of falling - beware of slippery surfaces! We recommend safe shoes without high heels. In winter conditions on snow and ice wear special anti-slip overshoes over your boots.

It's not recommended to do any sports while wearing a baby carrier! Just like you protected your baby during pregnancy, you should protect it in your carrier.

Be aware that the baby may suffer in the carrier due to weather and temperature.

Be aware of the risks at home, such as heat sources or spilling of hot drinks. If you're wearing in front, do not iron clothes and avoid hot pots and steam while cooking. Remember that a child on your back has a very long reach! You take up more space when you're carrying a child – be careful when walking through doors etc.

Please consult healthcare professionals before using the carrier for babies of low birth weight and/or babies suffering from health problems.

Do not use the carrier if any parts are missing or damaged.

If you're not using the carrier, keep it out of the reach of children.

CARRYING IN FRONT

6



1

Fasten the waist belt around your waist and secure the buckle with the rubber band. The buckle should give an audible click when fastened. Slide the safety lock on the buckle to prevent accidental opening, pull out the loose strap under the rubber band (see Safety) and tighten the waist belt.



2

Place the baby on your chest; the baby's bottom should be on the level of the upper edge of the hip belt or slightly below. Bend the baby's legs and spread them around your waist.



3

Raise the backrest (which should have been hanging down until this point) and pull it high up over the baby's back. Put on one shoulder strap first, followed by the second one. Hold the baby with one hand all the time.



4

Lean back slightly, reach behind your neck and do up the buckle on the chest strap. If you cannot reach it from the top, you can place the buckle lower down and do it up as you would do up a bra.

7



5

Pull the black straps at the side clasps backwards to tighten the shoulder straps. Use the safety pads with elastics. The child should be positioned correctly (see Correct Position) and pressed tight against you. This will ensure that your centre of gravity is as close to your body as possible so you won't have to lean back and wearing will be more comfortable.



6

When using the carrier for the first time, it is recommended to tighten the strap located on the sides of the backrest. This will pull the baby's knees higher.

You will probably have to readjust the strap once the baby grows and you have to widen the backrest under the legs.



7

That's it: you can start carrying now.



When wearing the smallest babies the waist belt is usually worn high on the waist so that the baby is placed sufficiently high on your chest. However, you can experiment and put the waist belt into different positions.

If you are starting to wear a little baby you will be gradually training your muscles to bear the load and becoming more fit. If you are starting to wear a heavier child, we recommend that you first wear them for shorter periods of time so that you can try different positions for the waist belt and different tightnesses of the shoulder straps.

CROSSING THE SHOULDER STRAPS

8



8

Open the buckles on the side with safety pads, unfasten the shoulder straps so they hang freely. Place the baby on your chest, pull the backrest over the baby and put the shoulder straps on your shoulders. Keep holding the baby with one hand and reach behind with the other to grab the loose strap from the other shoulder.



9

Lead the strap across your back and side to the other part of the buckle located on the side of the baby carrier. The buckle must make an audible click. Use the safety pads.



10

Change hands. The other hand should be holding the baby now. Reach to the back for the second free strap with a buckle at the end.



11

Fasten also this part of the buckle and securite it into its counterpart on the safety pad on the side of the carrier. Then tighten the shoulder straps so the baby is snugly sitting right next to your body and the carrier is comfortable to wear.



It is generally recommended to have the baby high enough to be able to kiss them on the head.

As your child grows, you can gradually put the waist belt lower. For some people it is more comfortable to put the belt around the hips instead.

Lay down the unfolded carrier with the studs positioned upwards towards you; the strap for tightening the three-pronged buckle in the middle will also be facing you.

Removing the chest strap:

1. Unfasten the large buckles with the lock at the end of the shoulder straps.
2. There are studs on both sides of the chest strap – open them.
3. Gently pull the chest strap down from the shoulder straps.



Replacing the chest strap:

1. Unfasten the large buckles with the lock at the end of the shoulder straps.
2. Run the loose end of the shoulder strap with the three-pronged buckle through the eyelet/sleeve on the side of the chest strap. Pull the chest strap higher all the way to the padding. Repeat on the other side for the other shoulder belt.
3. There's one more small strap with a stud at the end inside the eyelets/sleeves on the chest strap. Run this strap between the padding of the shoulder strap and the vertical black strap that goes from top to bottom along its surface; fasten the stud. This locks down the chest strap on the shoulder strap and prevents it from coming loose off the padded section.
4. Click in and lock the big buckles on the shoulder straps.

All done!



1

In the corners of the headrest there are small black straps with clasps. Pull the headrest over the baby's head.



2

Reach for the second part of the small clip that is attached to the shoulder strap and lock it. Do the same with the clip on the other shoulder strap. Pull on the straps to tighten the headrest as needed in order for your child's head to not recline.



3

If the chest strap is on your back in the lower position and it's difficult to reach the other end of the buckle, or if you're wearing with crossed shoulder straps without the chest strap, you can snap the headrest straps in the buckle located on the shoulder straps.



4

When you're not using the additional headrest and don't want to let it hang freely, you can roll it up and store in the pocket located in the upper part of the backrest. This also helps support the neck of small babies.



When carrying small babies in front, it's easiest to use the upper part of the backrest as a headrest. When the baby falls asleep, pull the backrest over her head; as soon as she wakes up, pull it down again. **ATTENTION!** There must always be free space in front of your baby's face with enough fresh air to breathe. Never cover the baby's face with the headrest or any clothing!

If the headrest is too loose around the baby's head, fold the additional headrest for older children and insert it in the space between the two layers of fabric. This will reinforce the upper edge of the backrest.



1

Fasten the waist belt around your waist, listening for the distinctive click of the buckle, and slide the lock. The buckle should always be secured by the safety rubber band (see Safety). Move the waist belt to your side and pull tight around your body.

Unfasten the buckles on the shoulder straps and let the ends hang freely.



2

Place the baby on your side, always holding their back with one hand. Grasp the shoulder strap in front of you and put it over your shoulder.



3

Change hands and hold the baby with your other hand. Reach to the back for the free end of the strap. Pull the strap across your back and do up the side buckle under your arm.



4

Fasten the loose part of the buckle into the corresponding counterpart on the side of the backrest. The buckle must make an audible click. Use the safety pads.



Babies are not often worn on the side because one hand is less mobile and the weight is only on one side and thus long periods of wearing on the side may not be as comfortable as front wearing or back wearing is.



5

Change hands again. Take the shoulder strap that is free.



6

Pull it horizontally under your arm and across your back to the buckle on the other side of the carrier.



7

Fasten the loose part of the buckle at the end of the shoulder strap into its counterpart on the side of the backrest. The buckle must again make an audible click. Use the safety pads.



8

Tighten the shoulder straps more comfortably and away you go!



Even so, wearing your baby on the side is quite suitable for children because it puts their hips into the best position for proper hip development and the child has a better view of their surroundings.



1

Fasten the waist belt around your waist, listening for the distinctive click of the buckle, and slide the lock. The buckle should always be secured by the safety rubber band (see Safety). Move the waist belt to your side. Pick up the baby and position it on your side.



2

Pull the backrest over the baby.



3

Gradually begin to bend forward. With one hand hold the child and pull them onto your back. The second hand can help move the waist belt around your waist.



4

Once the child is on your back stay bent and keep one hand on him at all times.



From a physiological point of view there is no reason why even the smallest babies cannot be worn on the back. Mothers in many tribal societies wear babies almost exclusively on their back. However, when wearing the baby on the back we have less information about the child's comfort, and we cannot reach for the pacifier or the hat ... Mostly we start wearing babies on the back when they can already sit by themselves and are a little more self-sufficient.



5

First put on one shoulder strap and then the other. Hold the child with one hand at all times.



6

You can straighten up slightly. First tighten one shoulder strap tightly on your shoulder and then do the same with the other. The buckles on the side must be secured by the safety pads.



7

Fasten the chest strap buckle and tighten the strap if needed to ensure the shoulder straps don't slip off your shoulders. You can adjust the height of the chest strap to where it's most comfortable. Tighten the waist belt as needed.



8

Until you're experienced enough, it's recommended to check the baby's position in a mirror. And now you're carrying!



During the first attempts to put the child on your back, ask another person to help. It also helps on your first attempt to place the child on your back to do so above a soft surface (a bed, etc.). Try setting the waist belt at various heights. Some people like wearing babies on their hips, some prefer to wear them higher, almost above the waist.

**1**

Unfasten the elastics on the outer part of the waist belt and lead the upper elastic between the waist belt studs to the inner side of the baby carrier. If it's too difficult, unfasten one stud.

**2**

Put the shoulder straps in the middle of the backrest and then roll the backrest up towards the waist belt.

**3**

Wrap the elastic around the rolled-up backrest and lock the clip into its second half which is attached to the bottom of the waist belt. Do the same on the other side of the carrier with the second elastic.

**4**

This makes the carrier very portable and unobtrusive. If you loosen the waist belt, you can wear the carrier over your shoulder like a handbag.



If your toddler is walking by himself, you can fold the empty carrier and carry it as a „fanny pack“. It is not necessary to put the carrier in a special bag or backpack or let it hang down in an ugly-looking way.

How long can my baby spend in the carrier?

Wear your baby according to your intuition and signals that your child gives you. In everyday life the baby is worn at home when it fusses or when asleep. Outside, on trips, it is often necessary to carry him in the carrier for a long time, but even then the wearing is interrupted by breaks for nappy changing or feeding. We recommend giving the child enough time to stretch and exercise his muscles.

Can I wear my baby facing forward?

No. KiBi is designed to conform with modern-day paediatric knowledge and is designed so that the baby is facing the carrying person. Small babies who cannot sit on their own and cannot walk do not have sufficiently developed muscles along the spine to fully support their own body weight. They like to be in a slightly crouched position. Bending backwards is irritating and uncomfortable for them. If you place your baby into the carrier facing forward with the fabric crunched between their legs, their body will bend backwards and their head will not be supported at all, a position which is not healthy for the baby. Wearing is not comfortable for them, since all their weight rests on the crotch. And when your baby needs to rest, he cannot snuggle up to you.

Won't the child be cold in winter?

Not necessarily. It is easiest to dress small babies into a normal set of clothes for home temperature, put them into the carrier and then dress yourself in a larger jacket or a special babywearing jacket with an expansion for the baby in the carrier, even special babywearing covers are in offer. It is necessary to keep the child's legs warm because they are sticking out of the carrier - use woolen socks, warm slippers or shoes. Balaclava hoods are excellent to keep the head warm in winter - they not only protect the head, but also the whole neck.

In summer we sweat terribly. Can babies be worn in the heat?

When wearing your child on the body you will always be more sweaty and hot. It may help to use high-tech synthetic or woolen clothes and a cotton cloth as an absorption layer between you, or other types of functional clothes made of wool and other natural fibres. Wool is much more absorbent than cotton, can accumulate more sweat and does not get cold when wet. Another simple solution is an umbrella or a parasol and a canvas hat with a wide brim for the child that protects their eyes from the sun and shields their head and neck. In the heat we recommend that you be extra careful and make sure that the child is drinking enough liquids.

The baby is crying when I put him in the carrier. Are his legs spread too far apart?

If the fabric reaches from one knee to the other and no farther, the baby should not be uncomfortable. When the baby is outside the carrier, try exercising his legs - you will see that they can handle this position easily. Children who have hip development problems are commonly given aids that should keep their legs at exactly the same angle as when carried in a carrier. There are babies who need to get used to the carrier. It bothers them when they need to be put into the carrier and buckled up even though it takes only a minute. Once you go out, and the baby can have fun watching the world around them and is lulled by the swinging movement of walking, they usually calm down quite quickly. Some children fuss and cry before falling asleep. Follow your intuition. If the child refuses to be worn, try the carrier again in 2 weeks. The child can change his mind even in such a short period of time :)

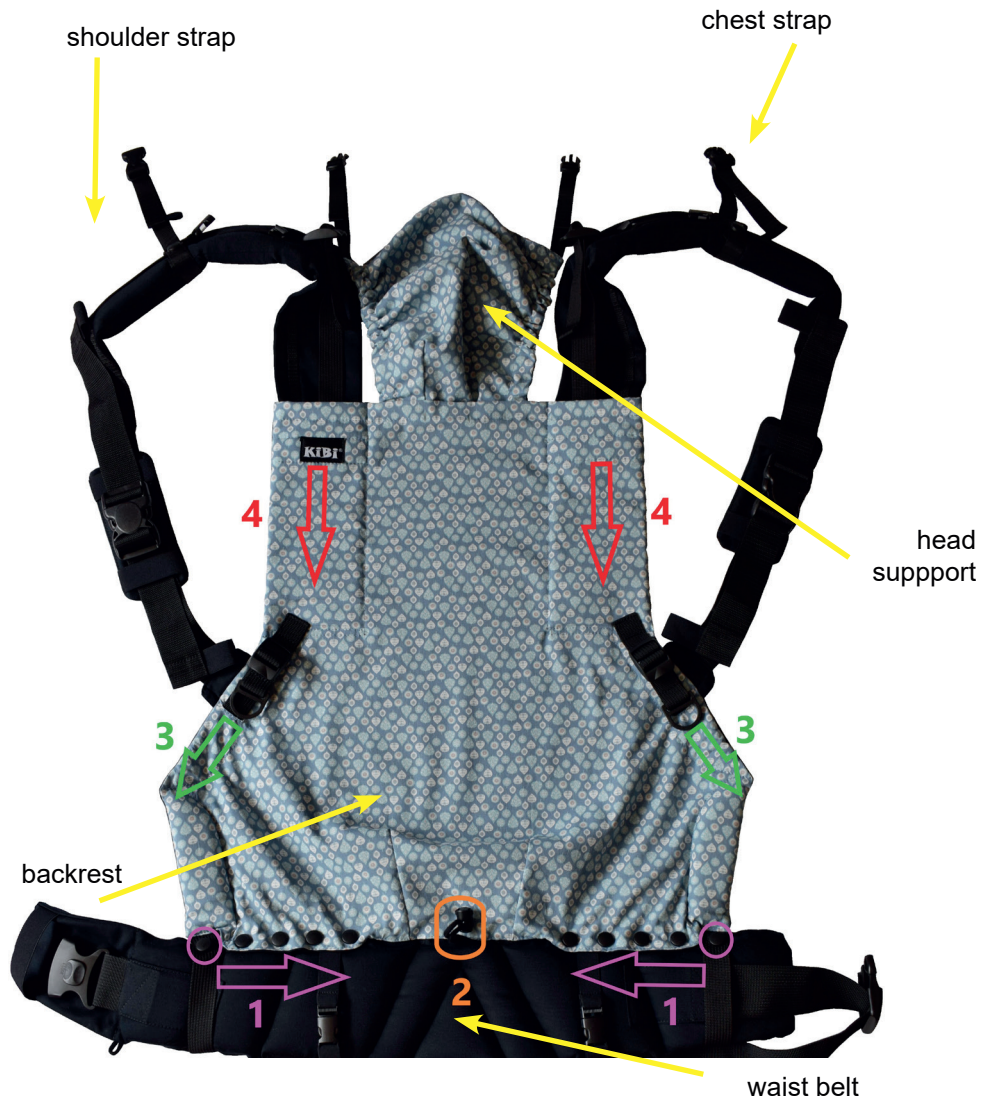
The recommended minimum baby's age is 4-6 months.
Maximum child's weight is 20 kg.

Material:

shell: 100% cotton

lining: 100% cotton

mesh for AIR version: 100% polyester



Soft structured baby carrier KiBi IN

CARE:

Wash before first use. Do not use a pillow case!

Can be machine washed at 30°C on a gentle cycle. Fasten all buckles before washing. It's recommended to set up the baby carrier to its largest size.

Wash using a gentle detergent for coloured laundry, spin at 400 RPM (or as low as possible).

Remove from the washing machine as soon as possible and let drip dry by hanging the carrier vertically in the shade. It's recommended to hang the carrier by the hip belt.

Can be ironed with heat set to low.

WARNING:

- your balance may be adversely affected by your movement and that of your child;
- take care when bending or leaning forward or sideways;
- this carrier is not suitable for use during sporting activities.

**Complies to European norm
EN 13209-2:2015 of 1. 6. 2016.**

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