

# SETTING UP YOUR KIBI BABY CARRIER – CARRYING IN FRONT

1. Narrow the backrest to the required size (depending on the length of your baby's legs) with the stud and pull the cord to gather together the loose fabric.



2. Pull the straps on the sides of the backrest; this will lift the baby's knees and create a bigger pocket for the bottom of small babies (the knees should always be higher than the bottom – known as the M position). It's easier to do this in advance without the baby (the straps are at an angle and are easier to pull without the baby's weight on them). You can always loosen them while carrying so that they're not too tight around your baby's legs. You will be gradually loosening them over a longer period of time as your baby grows. For three-year-olds, it's normal for them to be tightened only minimally or not at all.

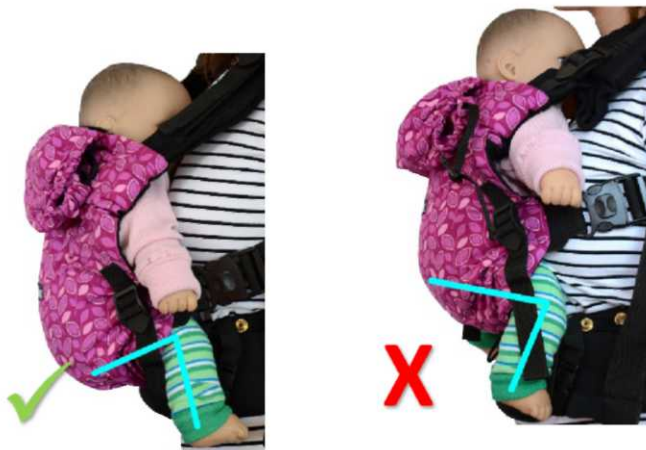


3. Fasten the waistband around the narrowest point of your waist and tighten. It should be straight; make sure it's not higher at the front than at the back. (It's generally recommended to carry small babies relatively high so that you can easily kiss them on the head. Of course, as the child grows, you carry it lower so that you can see where you're going.)
4. Place your baby with its bottom perpendicular to the top of the waistband; in this way you'll ensure that the baby is sitting in the pocket formed by the backrest, its bottom pushes the waistband towards your belly and its back is nice and rounded. (This is important for small babies, whose spine curvature is still developing. Larger children generally don't need this as much, so the pocket in which the baby sits is gradually reduced in size.)
5. Lower the backrest as needed. When you carry small babies in front of you, there's no need to secure the backrest because it's always in view. Later, when the baby starts reaching out of the carrier with its hands and starts pushing towards the backrest (babies who are able to sit up), or if you're carrying it on your back, where you can't see it, it's a good idea to secure the height of the backrest with snap hooks so that it doesn't ride down.



6. Check that the baby's hands are not stuck under the side buckle. Lightly tighten the shoulder straps in the buckles under the arms. This will strengthen the sides of the carrier.

7. Fasten the chest strap. The chest strap can be moved higher or lower; keep it wherever it's most comfortable (it shouldn't dig into your neck). If you're carrying a heavier baby, it's usually helpful to wear the chest strap in a lower position and pull the shoulder straps closer together, which will help distribute the weight better (again, this must feel comfortable and not as if it's strangling you). After you tighten the shoulder straps, the chest strap will move a bit lower, to where it's needed. To open it easily, just loosen the straps under the arms; this will push the chest strap, together with the shoulder straps, upwards to where it will be easy to open.
8. Keep the shoulder straps near the baby's head loose. First, pull the straps under the arms in the buckle with the lock; this will move the padding to your shoulders and back, where it will provide the greatest support. If the straps near the baby's head are still loose, you can tighten them with the buckle by the baby's head. To make carrying as comfortable as possible, you can adjust/move around the straps on your shoulders and back to ensure they don't pinch or chafe; if needed, you can pull them a bit tighter still.
9. If, during the adjustment of the shoulder straps, your baby has shifted so much that its bottom is no longer pushing the waistband towards your belly but instead it is sitting on the waistband (you can see the entire waistband when you look in a mirror), hold the baby higher for a while and with your other hand, pull the waistband between the baby's bottom and your belly. Then tighten it and lower the baby into the pocket formed by the backrest.
10. Before you get the hang of it, check that the baby is seated correctly by looking in a mirror from the front and sides. Its legs should form the M position (knees higher than its bottom, and the fabric of the backrest is stretched from knee to knee and ends on the inner side of the knee). If you have a curious baby who loves looking around, don't worry about its back not being rounded. When it relaxes and places its head on your chest, it will curl up into the backrest.



11. If you see that your baby is tilted to one side, you need to push its bottom closer to your body or pull the backrest wider. To do this, simply pull up the backrest over the baby's head (so that the head is supported), slightly loosen the side straps under the arms (in the buckle with the lock) and, while bending slightly forward, reach with your hands into the carrier and adjust the baby's position or the fabric of the backrest as needed. Then tighten the straps again and lower the backrest. If necessary, you can grab the baby's bottom in the backrest pocket, pull the waistband higher between the baby's bottom and your belly and tighten it firmly.

Enjoy carrying your baby!